

# BREAKTHROUGH MARTIAL ARTS

VERNON WING CHUN KUNG FU ACADEMY

# JANUARY 2026

## NEW Schedule

Starts Jan 6th

We're rolling again with our new schedule on Tuesday, Jan 6th! New Kickboxing+ times and Wednesdays Little Ninjas & Rock Solid Kids classes.



**RSK & XT Monthly Theme:**  
**Extreme Kung Fu - Orange Stripe**  
Stripe Testing = Jan 27th - 31st  
Belt Testing = Sat, Jan 31st - 1:00

**Wing Chun Monthly Theme:**  
Self Defense  
Review Week = Jan 27th - 31st



## Parents Train FREE

January

Parents of children in our kids programs can try our adult classes for FREE all month long! Sick of the same lame workout? Try our NEW Kickboxing+ classes! Want to learn real world self defense? Try our Wing Chun classes! Just fill out an Intro Lesson Application and get started!



## 1 Year Anniversary Party & Open House

Saturday, Jan 17th

Thanks for an incredible year everyone! All classes this day will be open to friends and family so bring a buddy! And please join us for a special pot luck anniversary party at 5pm. Prizes, the 2025 Attendance Awards, and the premiere performance by the new Breakthrough Action Team!

## Special Teams Demo Team Practices

Jan 10th - 2pm  
Jan 16th - 4pm  
Jan 17th - 1pm

Leadership Team Training  
Jan 24th - 1pm

Assistant Instructor Training  
Jan 24th - 2pm

Have you created a login for our online Learning Center yet?

[www.breakthroughma.ca](http://www.breakthroughma.ca)



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