

BREAKTHROUGH MARTIAL ARTS

VERNON WING CHUN KUNG FU ACADEMY

SEPTEMBER 2026



Level 4+ Gradings with Sigung

Tuesday & Wednesday, Sept 8th & 9th

Blue, Black & Gold Stripe Gradings with Sigung James Heinrich. Takes place during regular class time on Tuesday. Come show support for your teammates!

Tues - 7pm, Wed - 6:30pm



Back 2 Basics - Bring a Buddy Day!

Saturday, Sept 19th

"A Black Belt is a master of the basics!". All classes this day will focus on fundamentals so it's a great day to bring a buddy! Grab a B2B pass and bring a friend to class with you!
All Programs

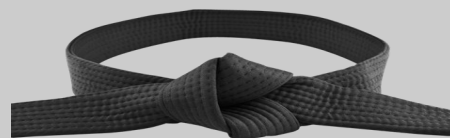
Breakthrough Action Team @ The Sundog Fest

Saturday, Sept 19th

Come and see the Breakthrough Action team as they perform at the Vernon Sundog Festival!

3:30pm

Polson Park



RSK & XT Monthly Theme:
Extreme Kung Fu - **Orange Stripe**

Wing Chun Monthly Theme:
Combat

Review & Evaluation Week
Sept 29th - Oct 3rd

Upcoming Closures

Saturday, Sept 5th
Labour Day Long Weekend

Saturday, Oct 10th
Thanksgiving Weekend



Special Teams

Demo Team Practices:
Saturday, Sept 12th - 1:30pm
Friday, Sept 18th - 5:00pm

Leadership Team Training:
Saturday, Sept 26th - 1:30pm
Assistant Inst Training
Saturday, Sept 26th - 2pm

Breakthrough Martial Arts
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