

# BREAKTHROUGH MARTIAL ARTS

## 2026 Summer & Fall Training Schedule

Tuesday	Wednesday	Thursday	Saturday
3:30-4:00 Little Ninjas (Ages 4-6)	12:00-1:00 Wing Chun (Ages 15+)	3:15-4:00 Rock Solid Kids (Ages 7-10)	9:00-10:00 Wing Chun (Ages 15+)
4:15-5:00 Extreme Teens (Ages 11-14)	3:15-3:45 Little Ninjas (Ages 4-6)	4:15-4:45 Little Ninjas (Ages 4-6)	10:15-10:45 Little Ninjas (Ages 4-6)
5:15-5:45 Little Ninjas (Ages 4-6)	4:00-4:45 Rock Solid Kids (Ages 7-10)	5:00-5:45 Rock Solid Kids (Ages 7-10)	11:00-11:45 Rock Solid Kids (Ages 7-10)
6:00-6:45 Rock Solid Kids (Ages 7-10)		6:00-6:45 Extreme Teens (Ages 11-14)	12:00-12:45 Extreme Teens (Ages 11-14)
7:00-8:00 Wing Chun (Ages 15+)		7:00-8:00 Wing Chun (Ages 15+)	12:45-1:15 XT Black Belt Club (Ages 13+)

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