

# BREAKTHROUGH MARTIAL ARTS



VERNON WING CHUN KUNG FU ACADEMY

## MARCH 2026

### FREE Month for Parents!

Hey parents of children in our kids programs! Did you know you get a FREE month of Kickboxing+ and/or Wing Chun classes? Beat the gym blahs and come hit the bags with us!



### Kids Sparring Workshop

Friday, March 27th

Open to RSK's and XT's of all belts and experience levels. Learn fun and safe sparring drills and strategies. Price includes head gear, gloves, and shin/foot guards.

Ages 7-14

3:30-5:30pm

Register by March 16th - \$199



### Adult Kali Stick Class

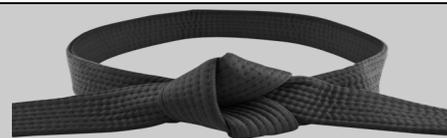
Thursday, March 26th 7:00-8:30

Don't miss this special class focusing on single & double stick drills and club defenses. Open to members and non-members so bring a buddy!

Takes place during the Kickboxing+ and Wing Chun classes this night!

FREE

Ages 14+



**RSK & XT Monthly Theme:**  
Weapons - Street Proofing

**Wing Chun Monthly Theme:**  
Combat

**Review & Evaluation Week**  
March 24th - 28th

### Special Teams

**Demo Team Practices**  
March 28th - 1:30-2:30pm

**Leadership Team Training**  
March 7th - 1:30-2:00pm

**Jr Instructor Training**  
March 14th - 1:30-2:30pm

**Assistant Instructor Training**  
March 7th - 2:00-3:00pm

Have you created a login for our online Learning Center yet?

[www.breakthroughma.ca](http://www.breakthroughma.ca)



Breakthrough Martial Arts  
2709 43rd Ave Vernon BC  
778-930-2124  
[www.breakthroughmartialarts.ca](http://www.breakthroughmartialarts.ca)  
[breakthroughma@gmail.com](mailto:breakthroughma@gmail.com)

