

# BREAKTHROUGH

## MARTIAL ARTS

### 2026 Winter & Spring Training Schedule

Tuesday	Wednesday	Thursday	Saturday
3:30-4:15 Black Belt Club Red - Black Belts (Ages 13+)	3:15-3:45 Little Ninjas All Belts (Ages 4-6)		8:30-9:15 Wing Chun All Levels (Ages 15+)
4:15-5:00 Extreme Teens All Belts (Ages 11-14)	4:00-4:45 Rock Solid Kids All Belts (Ages 7-10)	4:15-4:45 Little Ninjas All Belts (Ages 4-6)	9:15-10:00 Kickboxing+ (Ages 15+)
5:15-5:45 Little Ninjas All Belts (Ages 4-6)		5:00-5:45 Rock Solid Kids All Belts (Ages 7-10)	10:15-10:45 Little Ninjas All Belts (Ages 4-6)
6:00-6:45 Rock Solid Kids All Belts (Ages 7-10)		6:00-6:45 Extreme Teens All Belts (Ages 11-14)	11:00-11:45 Rock Solid Kids All Belts (Ages 7-10)
7:00-7:50 Kickboxing+ (Ages 15+)		7:00-7:50 Kickboxing+ (Ages 15+)	12:00-12:45 Extreme Teens All Belts (Ages 11-14)
7:40-8:30 Wing Chun All Levels (Ages 15+)		7:40-8:30 Wing Chun All Levels (Ages 15+)	1:00-2:00 Demo Team / Assistant Inst. Training / RSK & XT Belt Testing

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