

BREAKTHROUGH MARTIAL ARTS

VERNON WING CHUN KUNG FU ACADEMY



DECEMBER 2025

Sigung's Visit & Wing Chun Gradings

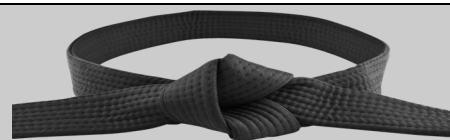
Thursday, Dec 18th

Register for Level Gradings at the front desk. Gradings take place during the WC Conditioning class (class still running). Don't miss the WC Skills class with Sigung!

Christmas Break

Dec 22nd - Jan 3rd

No classes for the holidays. Have a very Merry Christmas and a Happy New Year!



RSK & XT Monthly Theme:

Submission Grappling - White Stripe

Stripe Testing = Jan 6th - 10th

Belt Testing = Sat, Jan 10th - 1:00

Wing Chun Monthly Theme:

Combat

Review Week = Jan 6th - 10th



NEW Kickboxing+ Classes

Starts January

Tired of the treadmill at the gym? New adult Kickboxing+ classes are starting this January. No belt tests, just sweat and smiles! Train like a fighter without the fighting. Stay tuned for more details!

1 Year Anniversary Party & Open House

Saturday, Jan 17th

Thanks for an incredible year everyone! All classes this day will be open to friends and family so bring a buddy! And please join us for a special pot luck anniversary party at 5pm. Prizes, the 2025 Attendance Awards, and the premiere performance by the new Breakthrough Action Team!



Special Teams

Demo Team Practices

Dec 6th - 1pm

Dec 13th - 1pm

Dec 20th - 1pm

Give the Gift of Kung Fu

Available for Nov & Dec

Looking for a unique Christmas present for someone this year? Give your friends and family the gift of Kung Fu! Buy a 4 Week Intro Membership and Breakthrough T-Shirt for only \$49 (half price). This special is only available to Breakthrough members!



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