

BREAKTHROUGH MARTIAL ARTS

VERNON WING CHUN KUNG FU ACADEMY

AUGUST 2026



Classes in the Park

Saturday, Aug 8th

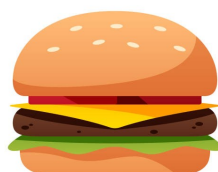
All regular scheduled classes will take place at Kin Beach! Don't forget your sunscreen, water bottles, and lawn chairs!



Annual Summer Potluck BBO

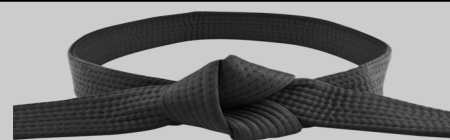
Saturday, Aug 22nd

Let's get together for some fun in the sun! Bring some snacks/drinks to share, your frisbee, football, and your whole family! We'll take care of the burgers, hotdogs, and fixins! No LN, RSK, and XT classes this day!



Paddlewheel Beach Park

11am - 2pm



RSK & XT Monthly Theme:
Submission Grappling - White Stripe

Wing Chun Monthly Theme:
Chi Sao

Review & Evaluation Week
Aug 25th - 29th

Upcoming Closures

Saturday, Aug 1st
BC Day Long Weekend

Saturday, Sept 5th
Labour day Long Weekend



Level 4+ Gradings with Sigung **Tuesday, Aug 25th**

Blue, Black & Gold Stripe Gradings with Sigung James Heinrich. Takes place during regular class time. Come show support for your team mates!
7:00pm

End of Summer Dodge Ball Parties

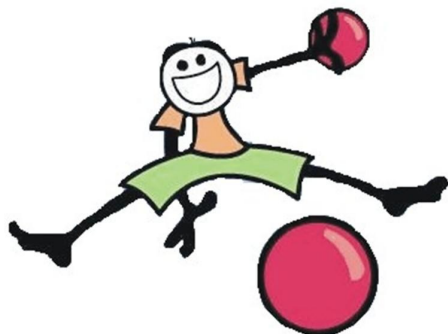
Saturday, Aug 29th

Drop the kids off at Breakthrough for 2 action packed hours of Dodge ball and pizza!

Space is limited! Register at the front counter soon!

\$20/child

Ages 5-10 3:30-5:30pm
Ages 11+ 6:00-8:00pm



Have you created a login for our online Learning Center yet?

www.breakthroughma.ca



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