

BREAKTHROUGH MARTIAL ARTS

VERNON WING CHUN KUNG FU ACADEMY

OCTOBER 2025



CLOSED

Saturday, October 11th

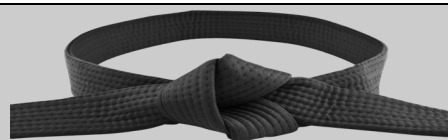
Have a great Thanksgiving long weekend!



Wing Chun Chair Defense Class

Tuesday, October 21st

Join Sifu for this special class focusing on close quarter combat scenarios while in a chair. Open to all active Wing Chun students. Takes place during regular class times this night.



RSK & XT Monthly Theme:

Weapons - Purple Stripe

Stripe Testing = Oct 28th - Nov 1st

Belt Testing = Sat, Nov 1st - 1:00

Wing Chun Monthly Theme:

Self Defense

Review Week = Oct 28th - Nov 1st

Demo Team Try Outs

Saturday, October 25th

Do you have a passion for Kung Fu and want to share it with our community? Do you want to take your Extreme Kung Fu training to the next level? Breakthrough is now recruiting for our Demonstration Team. Tryouts and practices will mostly be Saturdays at 1:00. Ask Sifu for more details and if you/your child would be a good fit!
1:00-2:00pm



Special Teams

Assistant Instructor Team Training

Saturday, Oct 18th

1:00-2:00pm

Demo Team Tryouts

Starts Oct 25th

1:00-2:00pm

Dodge Ball Night

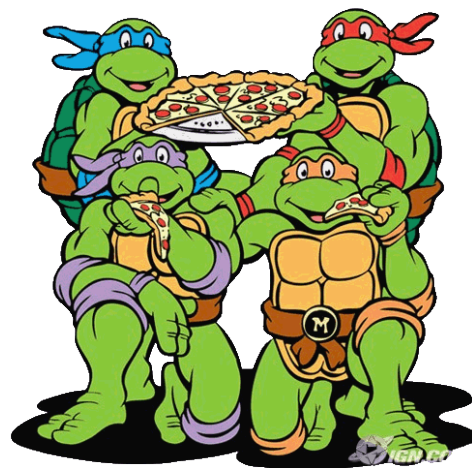
Saturday, October 25th

Drop the kids off at Breakthrough for 2 action packed hours of Dodgeball, capture the focus pad, pizza, and more! Open to members and non-members so invite your friends!

Maximum 16 kids so sign up at the front desk quickly!

\$20/child

4:00-6:00pm



Breakthrough Martial Arts
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